

URINE TEST (for adults)

■ Container type

Sterile container with a built-in sample taking device. It can be either purchased at a drugstore or collected at the CUP.

■ Way of collecting

If possible, please collect the first morning urine, right after waking up. Otherwise, please wait three hours before the latest urination.

Wash your hands accurately with water and soap.

Wash your external genitalia accurately with water and soap (do not use antiseptics).

Discard the very first urine stream.

Collect the urine directly into the container from the second stream onwards.

Close the container carefully.

(see the attachment for the proper way of collecting)

■ N.B.

If the container is to be delivered the day after, please store it in the fridge.

In case of antibiotic therapy, the exam can be performed after five days after said therapy has been halted.

Way of sample collection for urine test

Uncork the container by turning the cork counterclockwise (1,2) and place it on a clean surface with the pipe turned upwards (3)



Once the sample has been collected (fill $\frac{3}{4}$ of the container) (4), close the container by capping it carefully clockwise (5) in order to avoid possible urine spilling.

Be careful!



Do not touch the internal part of the container and the cap; only touch the cap by grabbing the milled external border.



Do not take off the label affixed on the cap to protect the sampling pipe.

Translation by Davide Campari