

URINE for Mycobacterium

A specific sterile container for urine (which can either be collected at CUP or bought in any pharmacy) is needed.

It is advisable to collect the first urination in the morning, just after waking up. Otherwise, wait three hours from the latest urination.



Wash your hands accurately, using water and soap.

Perform an accurate intimate hygiene, using water and soap (do not use antibacterial products).

Discard the first urine stream.

Collect the second urine stream onwards directly inside the container (*which should be filled halfway through*).

Close the container carefully.

N.B.: If the container is to be delivered the day after, please store it in the fridge.

Translation by Davide Campari