

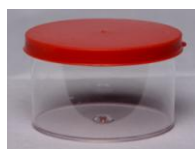
SPUTUM

A specific sterile container (which can either be collected at CUP or bought in any pharmacy) is needed.



It is advisable to collect the sample in the morning and on an empty stomach.

Brush your teeth and rinse your mouth and throat with water (the gargled water is to be discarded).



Collect the phlegm after a cough (do not collect saliva).

Close the container carefully

If the container is to be delivered the day after, please store it in the fridge.

The same collection process, with a different container, can be used in case of a mycobacterial search.

Translation by Davide Campari