




PERSONAL INFORMATION

Valentina Bellina



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Sex F | Date of birth June 30, 1974 | Nationality Italian

WORK EXPERIENCE

12/2017- today: telemedicine service , H4D Paris
 04/2010- today: medical ward, remote and transport medicine, Europ Assistance, Milano
 05/2017-05/2018: general practitioner (GP) of National Health Service in Milano-Opera
 12/2015-04/2017: accident and emergency (A&E) at Humanitas Mirasole Research Hospital, Milano-Rozzano
 01/2014- 05/2015: accident and emergency (A&E), Melegnano Hospital, Melegnano (Milano)
 2012-2014: Out of hours and general practitioner (GP) locum.
 01/2009- 12/2011: Resident in General Practice, San Carlo Borromeo Hospital, Milano.
 01/2008- 12/2008: Post doctoral fellowship, Laboratory of Neurophysiology, L.Sacco Hospital, University of Milano.
 12/2004- 12/2007: PhD student, Laboratory of Neurophysiology, L. Sacco Hospital, University of Milano.
 Extracellular recordings in vagal and sympathetic peripheral nerves
 01/2005- 06/2005: PhD student, Laboratory of Cardiovascular Physiology, University of San Paulo, Brasil.

EDUCATION AND TRAINING

Education

2011 Eupolis IRef Lombardia: Specialization in General Practise.
 Dissertation: Il diabete mellito come paradigma di patologia cronica: gestione integrata alla luce di nuove realtà territoriali. ("Diabetes Mellitus as a paradigm of chronic illness: managment considering the new local NHS reality")
 2008 Università degli Studi di Milano: PhD Degree in Human Physiology.
 Dissertation: "Transcranic magnetic stimulation combined with high density electroencefalography: towards normative data".
 2004 Università degli Studi di Milano: Degree in Medicine and Surgery, University of Milan, Italy, "Summa cum Laude".
 Dissertation: "Effetti della somministrazione acuta di Adenosina sull'attività efferente cardiovascolare simpatica e vagale: evidenze di un

importante meccanismo antiaritmico neuromediato"; ("Effects of acute adenosine administration on efferent cardiovascular sympathetic and vagal activity: evidence of an important antiarrhythmic neuro-mediate mechanism)"

Training Courses

ALS (Advanced Life Support, ERC, 02-2017, Rozzano (Milano)

P-BLSD (Pediatric Basic Life support Defibrillation, ERC, 11-2016

Blood Gas Analysis, 11-2016, San Matteo Hospital, Pavia

International Medicine and Tropical Disease Course , 11-2016, Brescia

Modular Ultrasound Estes Courses 09-2016, MUSEC

ILS (Immediate Life Support, ERC), 11-2015-Rozzano (Milano)

BLSD (Basic Life support Defibrillation, ERC)

Lessons and tutorials in Human Physiology to medical and nurse undergraduates, faculty of medicine, University of Milano

Brainstem nuclei stimulation

Recording and analysis of TMS-EEG in humans

PERSONAL SKILLS

Mother tongue(s) Italian)

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	Very good	Very good	Very good	Very good	Very good
Portuguese	Good	Good	Good	Good	Elementary

Communication skills Empathetic; excellent listener, good communicator, skills gained through my experience as doctor in A&E and as general practitioner
Passionate, motivated

Organisational / managerial skills Organisational skills acquired in family medicine and preventive care experience

Job-related skills	Very good command of office suite: word processor, spread sheet, presentation software (MICROSOFT OFFICE)
Driving licence	B

ANNEXES

Publications of research

Dias da Silva VJ, Ghecchi Ruscone T, Bellina V, Oliveira M, Maciel L, Campos de Carvalho AC, Salgado HC, Bergamaschi CM, Tobaldini E, Porta A, Montano N. "Acute adenosine increases cardiac vagal and reduces sympathetic efferent nerve activities in rats". Exp Physiol. 2012 Feb 24

Casarotto S, Romero Lauro LJ, Bellina V, Casali AG, Rosanova M, Pigorini A, Defendi S, Mariotti M, Massimini M. PLoS One. 2010 Apr 22;5(4):e10281. "EEG responses to TMS are sensitive to changes in the perturbation parameters and repeatable over time."

M Rosanova, A Casali, V Bellina, F Resta, M Mariotti, and M Massimini "Natural Frequencies of Human Corticothalamic Circuits". The Journal of Neuroscience, June 17, 2009 29(24):7679 –7685-7679

B Dell'Osso, E Mundo, N D'Urso, S Pozzoli, M Buoli, MT Ciabatti, M Rosanova, M Massimini, V Bellina, M Mariotti, and A C Altamura. "Augmentative repetitive navigated transcranial magnetic stimulation (r TMS) in drug-resistant bipolar depression". Bipolar disorders. 2009 Feb 11; (11) 76-81

J Deck, S Bibevski, T Ghecchi-Ruscone, V Bellina, N Montano, ME Dunlap. "Alpha7-nicotinic acetylcholine receptor subunit is not required for parasympathetic control of the heart in the mouse" Physiol Genomics. 2005 Jun 16;22(1):86-92

VJ Dias Da Silva, T Ghecchi-Ruscone, B Lavelli, V Bellina, D Manzella, A Porta, A Malliani, and N Montano. "Opposite effects of i.v. amiodarone on cardiovascular vagal and sympathetic efferent activities in rats" .Am J Physiol Regul Integr Comp Physiol. 2002 Aug; 283(2)

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