

 <p>Sistema Socio Sanitario Ospedale Maggiore Regione Lombardia ASST Crema U.O. RADIOLOGIA</p>	<p><b>PREPARAZIONE ESAMI</b></p> <p><b>TAC CON MEZZO DI CONTRASTO</b></p>	<p><b>Rev. 0</b> <b>Del 14/06/2017</b> <b>Pag 1 di 1</b></p>
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## PREPARAZIONE PER TAC CON MEZZO DI CONTRASTO

### PREPARING FOR A CT SCAN WITH CONTRAST

- Before having the scan, ensure that YOU ARE NOT PREGNANT: RADIATION HARMS THE FOETUS.
- Bring your CREATININAEMIA laboratory report (only considered valid if performed in the 60 days prior to the CT scan).
- Anyone taking Metformin must stop taking it for the 48 hours prior to the scan.
- Do not eat any solid foods for 24 hours before the scan.
- If the scan is being performed in the afternoon, do not eat anything for at least five hours before.
- To prevent dehydration, it is advisable to drink at least one litre of still water during the hours prior to the CT scan.
- Bring half a litre of still water with you.
- For appointments via the Regional Call Centre (*Call Center Regionale*), through registered pharmacies or online via the regional website, please PRINT OUT THE INFORMATION SHEET, QUESTIONNAIRE AND INFORMED CONSENT FORM from the hospital's website, [www.asst-crema.it](http://www.asst-crema.it).
- The questionnaire and informed consent form must be completed by the patient and signed by the attending practitioner.
- Bring your previous health records.